

Public Hall
(N5 7PE)
10th October at
10am-12pm



St Lukes Church
(WA104PU)
on the 12th October at
10am-12pm

It's World Mental Health Day!

BE KIND TO YOUR MIND

A global campaign to promote mental
health awareness

Please join us at our wellbeing event to
speak to a wide variety of professionals
that can help your mental health and
wellbeing!

Refreshments provided