

## World Obesity Day – 11 October 2017

### The F Word – How does St Helens tackle the rising tide of obesity?

A Question Time-style panel debate focusing on the issue of obesity will take place on Wednesday, 11th October, 6pm – 8pm at the Totally Wicked Stadium, St Helens.

Refreshments are provided.

Hosted by the BBC's Kevin Fitzpatrick, the event will feature health experts from the council, NHS, education sector and the food and drink industry.

Panellists confirmed are:

- Laura Street, **Nutrition Business Partner at Kellogg's**
- Charlene Mulhern, **Public Health England**
- Kate Anderson, **Head of Service Development, ABL Health**
- Lisa Ellis, **Chief Nurse, St Helens CCG**
- Kevin Hardy, **Medical Director, St Helens and Knowsley Teaching Hospital NHS Trust**
- Victoria Roberts, **Deputy Principal, St Helens College**

Organisations will also have the chance to sign up to the town's Healthy Weight Declaration and help to shape St Helens' vision to 'grow the economy, not our waists'.

This will be a great opportunity to learn more about best practice in raising the issue of obesity and, for those who would like to get involved, to take part in a lively debate.

If you'd like to attend, please contact Alison Klabacher at [aklabacher@ablhealth.co.uk](mailto:aklabacher@ablhealth.co.uk)