

Positive Living

Community Day Care for older people

Age UK Mid Mersey is committed to promoting an improved quality of life for older people whilst reducing loneliness and isolation. Thanks to our dedicated team of volunteers, our Positive Living Community Day Centres offer:

Great value for money

- ◆ Just £15.00 for a day full of companionship, activities, group discussion, reminiscence and general support. This fee also includes a lunch, with refreshments throughout the day.
- ◆ Only £3 per day for local return transport (subject to availability).

Great opportunity to make new friends

Available each weekday, our Positive Living Community Day Centres are suitable for older people (generally 55+) who need minimal support but want to enjoy later life.

For more information, to arrange a free visit or to book a place, please contact Kym Smith:

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